



President's Message

Chris Baker, RN, MSN, CEN

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Spring Review

Upon reflecting on 2015 we as Michigan ENA members have a lot to be Thankful for: We were able to send 4 people to the Leadership Conference in Los Vegas to network and learn skills to help the board stay efficient and effective as a group. With the help of a grant from National ENA we also were able to send 2 people to Day on the Hill. To help to stay with the pulse of what is happening in the Nation.

Our 2015 Conference was a record breaker! Thanks to the dedication of Gerri Muller and the very dedicated Conference Committee the May State conference at Soaring Eagle was a Great Success. The Speakers were top notch, the education provided, networking opportunities and Vendor support was unprecedented. Again, one big Thank you to the volunteers who helped to make this conference a huge success. I can't wait to see what is in store for the 2016 State conference. There are many things going on in our world today and we are continuing to look for innovative ways to expand and provide our Michigan ENA Members with effective communication and education. Thanks to our volunteers that have helped to develop our Facebook page and twitter account. Now members can join in social media and be informed to what is happening in Michigan within our practice.

A coalition has been made with MCEP- Michigan Emergency Physicians, to unite and present work place violence as an existing and growing concern. Michigan Emergency Nurses are being asked to step forward to tell their stories to the Senate and Legislature in Michigan to prove to them that violence can no longer be tolerated and expected in the environment in which we work. This is a great opportunity to move this forward in Michigan and ask for a penalty higher than a misdemeanor for acts of violence within our emergency rooms. Other states across the nation have already implemented violence in the emergency room as a felony. The goal is 2016 is to have our story heard and to let legislation know, it is not ok to hurt us. If you have a story or would like to help to continue this momentum please contact us.

We also sent delegates to Florida in the fall for a voice of how we practice as Emergency Nurses. This was a great opportunity for the delegates to vote on practice issues and network with other state members across the United States. We found out we are not alone! I invite all Michigan ENA members to apply for this prestigious and humbling opportunity. Because as MENA members you can participate in this opportunity in 2016. The site picked by National is Los Angeles California! As an organization we are financially solid and have chapters across the State: Huron Valley is in the Center of the State; 2016 officers; Naomi Ishioka, Meri Trajkovski. Little Traverse Bay; 2016 officers Dianne Wren and Carmen Murphy. Southwest; 2016 officers; Alisha Brandau, Jennifer Lechota. West Michigan; 2016 officers; Chad Galdys, Cheryl Klinkner and Kristy Perez. Upper Peninsula; Renee Stanchia and Hilda Vivio. Thank you all who have volunteered many hours to help in 2015. I invite you all to become involved. It is a very humbling and rewarding opportunity. It is important to remember we are paving the way to how we practice as Emergency Nurses for the future. You too can be part of this movement. If you do not get involved in what you do you will never have a voice to the future. Your time will be well invested with the opportunity to network with members across the State.

The Mission of the Michigan ENA is to ensure optimal care to all people within the State of Michigan through initiatives focused on Emergency related prevention, education and collaboration of Emergency care. Emergency Nursing care would not be where it is today without involvement. It has been my pleasure to serve as your 2015 President, and I am looking forward to 2016. Once again, wishing a healthy year to everyone.

Kindness is contagious!

2016 MENA Meetings

- ✓ May 3 (in Mt. Pleasant)
- ✓ Sept 8
- ✓ Nov 11

MENA Website

www.michiganena.org

Huron Valley Chapter

In 2011, a Center for Disease control survey showed that Michigan had one of the highest rates of mental illness in the nation. Each day hundreds of mentally ill patients sit in emergency departments across the state for hours, sometimes days waiting for disposition or placement in an appropriate facility. In 2013, the national Emergency Nurses Association published a white paper focusing on best practices for mental health care in the ED. Appropriate care can improve the physical and mental health of these patients, decrease the incidence of violence in the emergency department, and perhaps ultimately improve long-term outcomes. Nurses in the ED, have the responsibility to educate themselves on the appropriate triage and care of these patients, and facilities should consider creating focused guidelines to care for these patients. In 2015 there was a significant focus on mental health concerns at the national ENA general assembly as well as multiple educational sessions on this topic. Here is a brief outline of take home points from the 2015 conference.

Emergency departments should form task forces to create and implement guidelines to help staff safely provide initial and continuing care for these patients. The following is a non-comprehensive list of items that should be considered.

Triage: Guidelines should be in place to deal with adults, pediatrics and geriatrics. Specific attention should be given to the substance abuse patient, the suicidal patient and the violent patient.

Home medications: A list should be obtained and if patient is to be boarded, medications should be reviewed and ordered as appropriate. Often these home medications will assist in keeping the patient calm and cooperative, but when a patient is held in the ED they are frequently not continued on their usual schedule. Withholding these medications can be problematic if withdrawal occurs.

Psychiatric patient and staff responsibilities: Staff should be educated on the role of petitions and psychiatric certifications, and this education should include the rights and responsibilities of the patient as well as the nurse, and the hospital. In addition, the rights and responsibilities of family members should be reviewed, including the unique challenges that arise when children are the patients. One speaker suggested creating a brochure with information for family members because often they are not informed.

Patient comfort/care: A plan should include food, rest and some method of having a schedule. Many psychiatric patients benefit from having some sort of predictability in their day, a task difficult to accomplish in the ED. Some suggestions would be having a regular meal schedule with appropriately safe meal trays delivered by dietary, a room with a window or other means of natural daylight if possible, and a clock and television available in the room if possible. Another suggestion was to have an enforced "curfew" with lights low and visitors not allowed in the room during sleeping hours.

Appropriate handoff: A standard approach or order set for medically clearing patients which, in cooperation with local psych facilities would include appropriate medical testing necessary for admission, and requiring nurse to nurse phone report.

In order to appropriately care for mentally ill patients, nurses should obtain the knowledge and tools that are necessary. When educational opportunities are planned for ED nurses, mental health is not always included--perhaps because it is far more interesting to learn about the ins and outs of trauma, or the next emerging disease, but if one looks at the sheer volume of patients, mental health is an important topic that should be included. Here is a short list of potential topics to consider when planning for mental health education for ED nurses.

- Violence prevention
- Common psychiatric medications
- Triage of the mentally ill, the violent
- Recognizing the disease processes that can be mistaken for mental illnesses
- Staff training re: addiction and drug use/abuse
- Dealing with the acute psychotic or behavioral emergency including common medications (administration, risks, required monitoring)
- Appropriate documentation including appropriate wording.

Mental healthcare is only one of many challenges emergency department nurses face every day, but it is perhaps the one thing that many are the most uncomfortable with. Unfortunately it is a growing problem that will not go away, but with appropriate guidelines and training, emergency nurses can face this challenge and give excellent care to this very vulnerable population.



ENA is rolling out the red carpet exclusively for emergency nurses in Los Angeles for the largest conference dedicated to emergency nursing, September 14-17, 2016.

You'll experience:

- More education and networking packed into fewer days
- Cutting-edge technology and techniques in ENA's AdvancED simulation area
- New concepts from the industry's foremost experts
- An unforgettable welcome party at Universal Studios Hollywood just days before the Emmys
- More education and networking

2016 Michigan Selection Delegate Tool

2016 Delegate application tool is on the Michigan Emergency Nurses Association Website (Go to "about us" and then scroll down to "delegates")

All forms must be received April 1st, 2016. No late entries will be accepted.

Points are accumulated for activities from April 1st 2015 to March 31st, 2016

Please document score in far right column and a total at the bottom.

Send Completed Form to must be sent to:

Mary Berry-Bovia

maryberrybovia@gmail.com or

marybov@med.umich.edu

9508 Tree Top Ct

Pinckney, Mi 48169

Cell 734 904-6054

Annual Spring Conference May 4, 2016

Soaring Eagle Conference Center, Mt. Pleasant, MI

Online Registration: www.michiganena.org



CEN Review

Pat Clutter RN Med CEN FAEN

Only \$125.00

May 2 & 3, 2016

Registration Fees:

Before April 15, 2016:

Members \$75.00

Non-Members \$90.00

After April 15, 2016: \$100.00 for All

Featured Speakers:

Judy Emmons MICHIGAN STATE SENATOR

Jean Proehl RN, MN, CEN, CPEN, FAEN

Laura Criddle PhD RN CEN CPEN CFRN FAEN

Marcus E. Degraw MD

Madonna Walters MS, BSN, RN

Cheryl Larry-Osman RN, MS, CNRN

Emily Valler BSN, RN

This activity has been submitted to the Emergency Nurses Association for approval to award contact hours. The Emergency Nurses Association is accredited as an approved provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

May 3, 2016 Evening Reception

- ◆ 4:00 pm— Vendor Hall Open
- ◆ 6:00 pm— Awards Banquet
- ◆ 6:45 pm— Human Trafficking—Senator Emmons
- ◆ 7:15 pm— Trivia Bowl—Jean Proehl, RN, MN, CEN, CCRN, FAEN

Complimentary hors d'oeuvres and refreshments provided

We are looking for clinical, articles, case reviews, chapter updates and practice updates .

Asking each chapter to submit an article throughout
The year, and each committee to submit an article
Throughout the year.



Please submit to MENA Secretary, Eileen Negri
Email to negrieileen77@gmail.com

Deadlines are: June 15, September 15 and December 15

Michigan ENA Chapters

#145 Huron Valley – Naomi Ishioka

#151 S.W. Michigan – Alisha Brandau

#153 W. Michigan – Chad Galdys

#345 Little Traverse Bay – Dianne Wren

#449 Western Upper Peninsula – Renee Stanchina